

2020



مركز الإحصاء
STATISTICS CENTRE

Food Balance Sheet of the Emirate of Abu Dhabi

(By Type of Family)

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Introduction

The food Balance Sheet is defined as the wide frame that includes the food pattern of the Emirate of Abu Dhabi during a specified period of time. The food and product groups (raw or after manufacturing) are classified by source. The food Balance Sheet provides important data, which is required to produce food indicators, help create development plans and contribute in achieving the food security of the Emirate by studying the food pattern of both individuals and households by type.

Creating the food Balance Sheet depends on the data of food available for consumption by the households and the non-household sector, which includes the food services establishments. It also depends on the population estimates by type of household and the food structure tables.

The Household and Expenditure Survey 2019, provided data on the per capita food consumption by household. As well as the expenditure on food outside the household sector, which data has been processed to comply with the requirements of food balance sheet, and to ensure the comprehensiveness of the data this data was used to calculate the quantities of food available for consumption by multiplying the per capita food consumption for each good by the total population.

The food balance sheet provides a comprehensive background on the level of food security of individuals in term of consumption from both animal and Plant Products. It evaluates the food situation of the population on the Emirate level and by type of household.

The food balance sheet provides data on the Per capita of food consumption and the daily per capita calories, proteins and fats. It offers food policy makers a comprehensive and clear vision of the current situation, including agricultural policies, food pattern and its relationship to the food security.

The food balance sheet of Abu Dhabi is structured according to the international standards published in the FAO manual for the preparation of the food balance sheet 1949 and its amendments. In order to obtain accurate results, calculations and scientific equations were done adopting the latest methodologies of producing food balance sheet.

Summary of Indicators

The publication of food balance sheet 2019 included many statistical tables, which contain data of Abu Dhabi, Private Citizen Households, Private Non-Citizen Households and collective households. Some key indicators are presented in the table below:

1. Food Balance Sheet (the Emirate of Abu Dhabi)

Indicator	2014	2019
Per capita per day of:		
a. energy (calorie)	3,375.5	3,321.3
b. protein (g)	92.2	95.6
c. fats (g)	101.8	89.9
d. food (kg/yr)	636.7	583.7
Percentage of energy (calorie) resulted from the vegetative goods and its products.	79.2	78.2
Percentage of energy (calorie) resulted from the animal goods and its products.	20.8	21.8
Percentage of protein (g) resulted from the vegetative goods and its products.	56.1	56.1
Percentage of protein (g) resulted from the animal goods and its products.	43.9	43.9
Percentage of fats (g) resulted from the vegetative goods and its products.	51.9	50.9
Percentage of fats (g) resulted from the animal goods and its products.	48.1	49.1

2. Food Balance Sheet (Citizen Households)

Indicator	2014	2019
Per capita per day of:		
a. energy (calorie)	3,431.6	3,473.4
b. protein (g)	101.0	112.4
c. fats (g)	110.6	101.8
d. food (kg/yr)	690.6	664.2
Percentage of energy (calorie) resulted from the vegetative goods and its products.	75.5	77.0
Percentage of energy (calorie) resulted from the animal goods and its products.	24.5	23.0
Percentage of protein (g) resulted from the vegetative goods and its products.	51.5	51.3
Percentage of protein (g) resulted from the animal goods and its products.	48.5	48.7
Percentage of fats (g) resulted from the vegetative goods and its products.	43.4	43.9
Percentage of fats (g) resulted from the animal goods and its products.	56.6	56.1

3. Food Balance Sheet (Non-Citizen Households)

Indicator	2014	2019
Per capita per day of:		
a. energy (calorie)	3,283.4	3,232.7
b. protein (g)	90.0	81.0
c. fats (g)	94.8	80.7
d. food (kg/yr)	608.3	518.3
Percentage of energy (calorie) resulted from the vegetative goods and its products.	81.5	81.4
Percentage of energy (calorie) resulted from the animal goods and its products.	18.5	18.6
Percentage of protein (g) resulted from the vegetative goods and its products.	62.7	59.0
Percentage of protein (g) resulted from the animal goods and its products.	37.3	41.0
Percentage of fats (g) resulted from the vegetative goods and its products.	60.0	58.0
Percentage of fats (g) resulted from the animal goods and its products.	40.0	42.0

4. Food Balance Sheet (Collective Households)

Indicator	2014	2019
Per capita per day of:		
a. energy (calorie)	3,143.5	3,206.7
b. protein (g)	94.2	96.6
c. fats (g)	59.5	67.0
d. food (kg/yr)	559.7	551.1
Percentage of energy (calorie) resulted from the vegetative goods and its products.	86.4	88.5
Percentage of energy (calorie) resulted from the animal goods and its products.	13.6	11.5
Percentage of protein (g) resulted from the vegetative goods and its products.	69.7	75.4
Percentage of protein (g) resulted from the animal goods and its products.	30.3	24.6
Percentage of fats (g) resulted from the vegetative goods and its products.	56.2	67.2
Percentage of fats (g) resulted from the animal goods and its products.	43.8	32.8

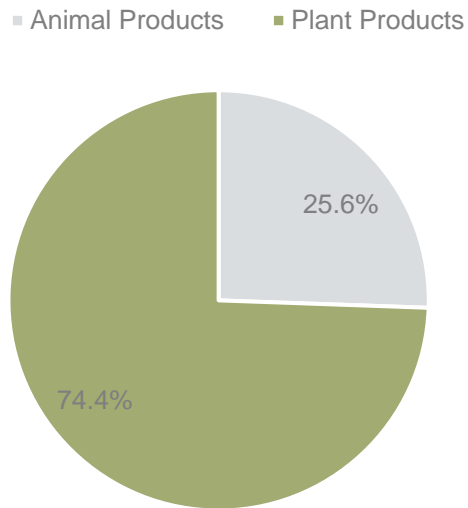
1. Food Balance Sheet (the Emirate of Abu Dhabi)

Table 1.1: Per capita of food consumption, energy, proteins and fats, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Grand Total	583.4	3,321.5	95.7	90.0
Plant Products	434.2	2,598.2	53.6	45.9
Animal Products	149.2	723.3	42.1	44.1
Total	583.4	3,321.5	95.7	90.0
Cereals and Products	184.3	1,703.4	40.0	10.0
Starchy Roots	13.4	27.7	0.5	0.1
Sugar and Sweeteners	18.2	189.4	0.0	0.0
Pulses	10.6	92.1	5.9	0.6
Nuts	1.9	16.6	0.6	1.4
Oil Crops	1.0	6.4	0.1	0.4
Vegetable Oils	10.5	252.7	0.0	28.6
Vegetables	89.3	77.4	3.2	0.6
Fruits and Products	61.7	123.4	1.4	1.1
Stimulants	5.5	39.3	1.1	2.0
Spices	5.2	23.8	0.8	1.1
Non Alcoholic Beverages	32.6	46.0	0.0	0.0
Animal Meats	63.6	352.3	23.3	24.2
Offals	0.3	1.1	0.2	0.0
Animal Fats	1.5	26.1	0.0	2.9
Milk	25.3	54.2	2.5	3.6
Milk Products	40.8	238.9	10.6	10.4
Eggs	8.1	31.4	2.4	2.3
Sea Foods	9.6	19.3	3.1	0.7

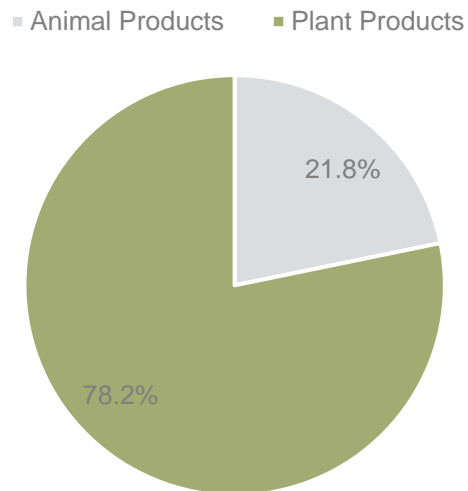
Source: Statistics Centre - Abu Dhabi

Figure 1.1: Percentage distribution of quantity of food available for consumption, the Emirate of Abu Dhabi, 2019.



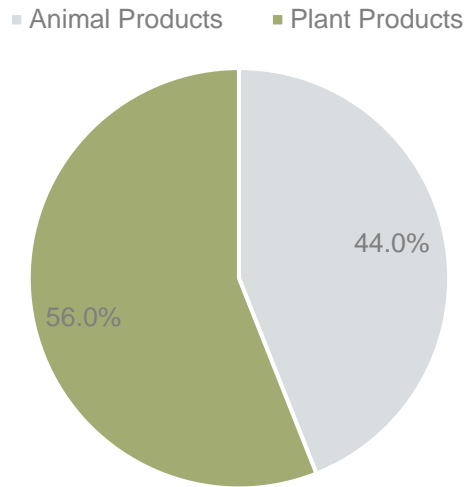
Source: Statistics Centre - Abu Dhabi

Figure 1.2: Percentage distribution of calories, the Emirate of Abu Dhabi, 2019.



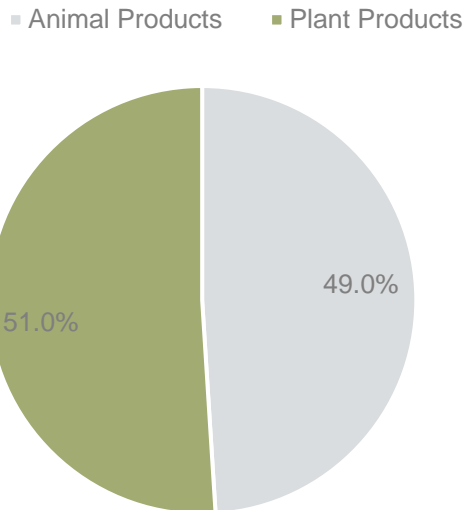
Source: Statistics Centre - Abu Dhabi

Figure 1.3: Percentage distribution of proteins, the Emirate of Abu Dhabi, 2019.



Source: Statistics Centre - Abu Dhabi

Figure 1.4: Percentage distribution of fats, the Emirate of Abu Dhabi, 2019.



Source: Statistics Centre - Abu Dhabi

Table 1.2: Per capita of food consumption, energy, proteins and fats from cereals and products, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	184.3	1,703.4	40.0	10.0
Wheat products	120.5	1,008.1	29.2	7.5
Rice	56.5	574.3	9.0	1.1
Maize products	0.5	5.0	0.1	0.0
Others	6.9	115.9	1.6	1.4

Source: Statistics Centre - Abu Dhabi

Table 1.3: Per capita of food consumption, energy, proteins and fats from starchy roots and products, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	13.4	27.7	0.5	0.1
Potatoes	10.3	21.1	0.3	0.1
Potato products	2.6	5.3	0.1	0.0
Sweet Potatoes	0.4	1.0	0.0	0.0
Others	0.1	0.3	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 1.4: Per capita of food consumption, energy, proteins and fats from sugar and sweeteners, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	18.2	189.4	0.0	0.0
Sugar	15.7	166.0	0.0	0.0
Sweeteners	2.2	20.2	0.0	0.0
Honey	0.4	3.2	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 1.5: Per capita of food consumption, energy, proteins and fats from pulses, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	10.6	92.1	5.9	0.6
Beans	1.5	14.1	0.9	0.1
Chick Peas	2.9	28.4	1.6	0.3
Lentils	3.6	34.9	2.4	0.2
Broad Beans	0.1	1.2	0.1	0.0
Others	2.5	13.5	0.9	0.1

Source: Statistics Centre - Abu Dhabi

Table 1.6: Per capita of food consumption, energy, proteins and fats from nuts, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	1.9	16.6	0.6	1.4
Almonds	0.2	1.3	0.0	0.1
Pistachios	0.1	1.2	0.0	0.1
Chestnuts	0.0	0.1	0.0	0.0
Cashew Nuts	0.2	1.1	0.0	0.1
Groundnuts	0.2	2.7	0.1	0.2
Others	1.2	10.2	0.4	0.8

Source: Statistics Centre - Abu Dhabi

Table 1.7: Per capita of food consumption, energy, proteins and fats from oil crops and products, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	1.0	6.4	0.1	0.4
Sesame Seed	0.0	0.5	0.0	0.0
Olive, Preserved	0.7	2.2	0.0	0.2
Others	0.3	3.8	0.1	0.2

Source: Statistics Centre - Abu Dhabi

Table 1.8: Per capita of food consumption, energy, proteins and fats from vegetable oils and products, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	10.5	252.7	0.0	28.6
Sunflower Seed Oil	5.7	138.2	0.0	15.6
Sesame Seed Oil	0.1	1.6	0.0	0.2
Coconut Oil	0.2	5.1	0.0	0.6
Olive Oil	1.1	27.1	0.0	3.1
Maize Germ Oil	2.2	52.3	0.0	5.9
Canola Oil	0.3	8.1	0.0	0.9
Others	0.9	20.3	0.0	2.3

Source: Statistics Centre - Abu Dhabi

Table 1.9: Per capita of food consumption, energy, proteins and fats from vegetables and products, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	89.3	77.4	3.2	0.6
Tomatoes	17.6	8.7	0.5	0.1
Lettuce	1.9	0.8	0.0	0.0
Spinach	0.3	0.1	0.0	0.0
Cucumbers	10.6	4.9	0.2	0.0
Squash	4.1	3.5	0.1	0.0
Eggplants	2.2	1.7	0.1	0.0
Cauliflower	1.2	0.5	0.0	0.0
Pumpkins	1.1	0.6	0.0	0.0
Cabbages	1.2	0.5	0.0	0.0
Onion, green	3.9	1.8	0.2	0.0
Onion	15.2	17.5	0.6	0.1
Garlic	1.6	5.8	0.2	0.0
Carrots	3.8	3.8	0.1	0.0
Broad Beans, green	0.8	1.3	0.1	0.0
Watermelons	9.5	3.4	0.1	0.0
Sweet Melons	1.1	0.8	0.0	0.0
Okra	0.9	0.8	0.0	0.0
Others	12.3	20.8	1.0	0.2

Source: Statistics Centre - Abu Dhabi

Table 1.10: Per capita of food consumption, energy, proteins and fats for fruits and products, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	61.7	123.4	1.4	1.1
Oranges	11.4	9.1	0.2	0.1
Lemons	3.1	1.5	0.0	0.0
Grapefruit and Pummelors	0.2	0.1	0.0	0.0
Other Citrus Fruit	3.7	3.4	0.1	0.0
Bananas	12.8	21.1	0.4	0.2
Apples	11.0	14.7	0.1	0.1
Pears	0.8	1.2	0.0	0.0
Apricots	0.2	0.2	0.0	0.0
Grapes	2.6	4.8	0.0	0.0
Mangoes	2.2	2.7	0.0	0.0
Avocados	0.4	1.2	0.0	0.1
Cherries	0.1	0.3	0.0	0.0
Guava	0.4	0.9	0.0	0.0
Pomegranates	1.0	1.4	0.0	0.0
Kiwi Fruit	0.9	1.3	0.0	0.0
Papayas	0.1	0.2	0.0	0.0
Dates and its productts	5.5	42.4	0.3	0.1
Pineapples	0.5	0.4	0.0	0.0
Others	4.7	16.6	0.1	0.5

Source: Statistics Centre - Abu Dhabi

Table 1.11: Per capita of food consumption, energy, proteins and fats from stimulants, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	5.5	39.3	1.1	2.0
Coffee	1.8	3.5	0.3	0.0
Cocoa Beans	2.3	34.2	0.3	2.0
Tea	1.3	1.4	0.4	0.0
Others	0.1	0.1	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 1.12: Per capita of food consumption, energy, proteins and fats from Spices, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	5.2	23.8	0.8	1.1
Pepper	0.2	1.5	0.1	0.0
Cinnamon	0.0	0.3	0.0	0.0
Cardamom	0.2	2.6	0.0	0.2
Others	4.8	19.4	0.7	0.9

Source: Statistics Centre - Abu Dhabi

Table 1.13: Per capita of food consumption, energy, proteins and fats from non-alcoholic beverages, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Non-Alcoholic Beverages	32.6	46.0	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 1.14: Per capita of food consumption, energy, proteins and fats from animal meats, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	63.6	352.3	23.3	24.2
Beef	11.9	110.2	4.6	6.3
Mutton and Goat Meats	15.9	114.6	5.9	9.9
Camels Meats	0.9	4.2	0.3	0.3
Chicken Meats	34.3	119.2	12.2	7.4
Others	0.7	4.0	0.2	0.3

Source: Statistics Centre - Abu Dhabi

Table 1.15: Per capita of food consumption, energy, proteins and fats from offals, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Offals	0.3	1.1	0.2	0.0

Source: Statistics Centre - Abu Dhabi

Table 1.16: Per capita of food consumption, energy, proteins and fats from animal fats, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	1.5	26.1	0.0	2.9
Butter	0.2	4.1	0.0	0.5
Animal Ghee	0.3	7.2	0.0	0.8
Cream	1.0	14.7	0.0	1.6
Others	0.0	0.0	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 1.17: Per capita of food consumption, energy, proteins and fats from milk, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Fresh Milk	25.3	54.2	2.5	3.6

Source: Statistics Centre - Abu Dhabi

Table 1.18: Per capita of food consumption, energy, proteins and fats from milk products, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	40.8	238.9	10.6	10.4
Yoghurt	14.9	26.7	1.4	1.3
Yogurt	0.5	2.9	0.1	0.3
Cheese	5.3	40.5	3.6	2.7
Dry Whole Milk	2.8	38.8	2.0	2.1
Others	17.4	129.9	3.5	4.0

Source: Statistics Centre - Abu Dhabi

Table 1.19: Per capita of food consumption, energy, proteins and fats from eggs, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Table Eggs	8.1	31.4	2.4	2.3

Source: Statistics Centre - Abu Dhabi

Table 1.20: Per capita of food consumption, energy, proteins and fats of sea foods, the Emirate of Abu Dhabi, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	9.6	19.3	3.1	0.7
Fish	8.7	18.0	2.8	0.6
Crustaceans and Cephalopods	0.9	1.2	0.2	0.0

Source: Statistics Centre - Abu Dhabi

2. Food Balance Sheet (Citizen Households)

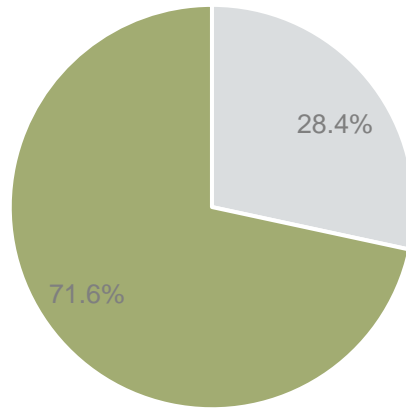
Table 2.1: Per capita of food consumption, energy, proteins and fats for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Grand Total	664.2	3,473.3	112.3	101.7
Plant Products	475.7	2,674.5	57.6	44.7
Animal Products	188.5	798.8	54.7	57.0
Total	664.2	3,473.3	112.3	101.7
Cereals and Products	202.8	1,759.70	45	8.6
Starchy Roots	13.3	27.6	0.5	0.1
Sugar and Sweeteners	26.9	264.6	0	0
Pulses	8.4	68	4.4	0.4
Nuts	1.7	14.4	0.5	1.2
Oil Crops	1.1	6.9	0.1	0.5
Vegetable Oils	10.7	220	0	29.1
Vegetables	91.8	81.4	3.3	0.6
Fruits and Products	68.2	120.2	1.6	0.9
Stimulants	7.1	44.6	1.4	2.1
Spices	6.4	25.9	0.8	1.2
Non Alcoholic Beverages	37.3	41.2	0	0
Animal Meats	91.5	464.5	33.3	35.3
Offals	0.2	0.7	0.1	0
Animal Fats	2	25.1	0.1	3.9
Milk	23.4	49.9	2.3	3.3
Milk Products	52.5	205.1	13.2	11.7
Eggs	7.6	31.6	2.2	2.1
Sea Foods	11.3	21.9	3.5	0.7

Source: Statistics Centre - Abu Dhabi

Figure 2.1: Percentage distribution of quantity of food available for consumption for citizen households, 2019.

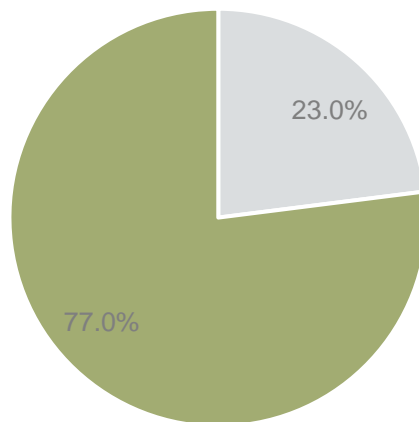
■ Animal Products ■ Plant Products



Source: Statistics Centre - Abu Dhabi

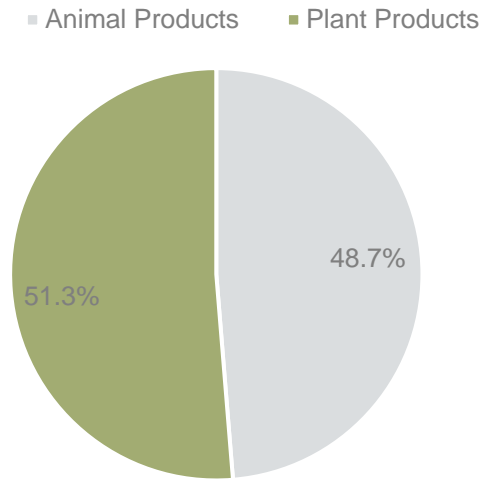
Figure 2.2: Percentage distribution of calories for citizen households, 2019.

■ Animal Products ■ Plant Products



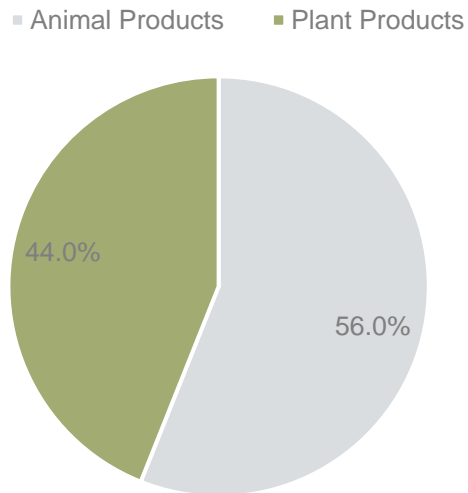
Source: Statistics Centre - Abu Dhabi

Figure 2.3: Percentage distribution of proteins for citizen households, 2019.



Source: Statistics Centre - Abu Dhabi

Figure 2.4: Percentage distribution of fats for citizen households, 2019.



Source: Statistics Centre - Abu Dhabi

Table 2.2: Per capita of food consumption, energy, proteins and fats from cereals and products for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	202.8	1,759.7	45.0	8.6
Wheat products	117.0	939.6	30.0	5.7
Rice	78.1	760.6	13.2	1.5
Maize products	0.6	6.4	0.2	0.0
Others	7.1	53.1	1.7	1.4

Source: Statistics Centre - Abu Dhabi

Table 2.3: Per capita of food consumption, energy, proteins and fats from starchy roots and products for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	13.3	27.6	0.5	0.1
Potatoes	9.9	20.3	0.3	0.1
Potato products	3.0	6.1	0.1	0.0
Sweet Potatoes	0.4	1.1	0.0	0.0
Others	0.1	0.2	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 2.4: Per capita of food consumption, energy, proteins and fats from sugar and sweeteners for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	26.9	264.6	0.0	0.0
Sugar	23.9	242.9	0.0	0.0
Sweeteners	2.6	18.4	0.0	0.0
Honey	0.4	3.3	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 2.5: Per capita of food consumption, energy, proteins and fats from Pulses for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	8.4	68.0	4.4	0.4
Beans	1.2	10.9	0.7	0.1
Chick Peas	1.6	15.7	0.9	0.1
Lentils	2.8	27.5	1.9	0.1
Broad Beans	0.1	1.2	0.1	0.0
Others	2.7	12.7	0.8	0.1

Source: Statistics Centre - Abu Dhabi

Table 2.6: Per capita of food consumption, energy, proteins and fats from nuts for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	1.7	14.4	0.5	1.2
Almonds	0.2	1.0	0.0	0.1
Pistachios	0.1	1.0	0.0	0.1
Chestnuts	0.0	0.2	0.0	0.0
Cashew Nuts	0.1	0.9	0.0	0.1
Groundnuts	0.1	1.8	0.1	0.1
Others	1.1	9.4	0.3	0.8

Source: Statistics Centre - Abu Dhabi

Table 2.7: Per capita of food consumption, energy, proteins and fats from oil crops and products for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	1.1	6.9	0.1	0.5
Sesame Seed	0.0	0.7	0.0	0.1
Olive, Preserved	0.7	2.2	0.0	0.2
Others	0.3	4.1	0.1	0.2

Source: Statistics Centre - Abu Dhabi

Table 2.8: Per capita of food consumption, energy, proteins and fats from vegetable oils and products for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	10.7	220.0	0.0	29.1
Sunflower Seed Oil	4.2	61.6	0.0	11.5
Sesame Seed Oil	0.1	1.2	0.0	0.1
Coconut Oil	0.1	2.5	0.0	0.3
Olive Oil	1.4	34.1	0.0	3.9
Maize Germ Oil	3.7	100.7	0.0	10.0
Canola Oil	0.4	8.7	0.0	1.0
Others	0.9	11.1	0.0	2.3

Source: Statistics Centre - Abu Dhabi

Table 2.9: Per capita of food consumption, energy, proteins and fats from vegetables and products for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	91.8	81.4	3.3	0.6
Tomatoes	15.9	7.9	0.4	0.1
Lettuce	2.5	1.0	0.1	0.0
Spinach	0.3	0.1	0.0	0.0
Cucumbers	10.4	4.9	0.2	0.0
Squash	5.5	4.7	0.1	0.0
Eggplants	2.2	1.8	0.1	0.0
Cauliflower	1.2	0.5	0.0	0.0
Pumpkins	0.7	0.4	0.0	0.0
Cabbages	1.2	0.5	0.0	0.0
Onion, green	4.5	2.1	0.2	0.0
Onion	15.1	17.3	0.6	0.1
Garlic	1.6	5.8	0.2	0.0
Carrots	4.1	4.0	0.1	0.0
Broad Beans, green	0.6	1.1	0.1	0.0
Watermelons	9.5	3.4	0.1	0.0
Sweet Melons	1.4	1.0	0.0	0.0
Okra	0.8	0.7	0.0	0.0
Others	14.2	24.2	1.1	0.2

Source: Statistics Centre - Abu Dhabi

Table 2.10: Per capita of food consumption, energy, proteins and fats for fruits and products for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	68.2	120.2	1.6	0.9
Oranges	12.8	10.2	0.2	0.1
Lemons	3.5	1.7	0.0	0.0
Grapefruit and Pummelors	0.2	0.1	0.0	0.0
Other Citrus Fruit	4.7	4.3	0.1	0.0
Bananas	10.7	17.6	0.3	0.1
Apples	11.2	18.1	0.1	0.1
Pears	1.0	1.5	0.0	0.0
Apricots	0.3	0.3	0.0	0.0
Grapes	3.2	5.8	0.1	0.0
Mangoes	2.4	2.9	0.0	0.0
Avocados	0.3	1.1	0.0	0.1
Cherries	0.2	0.3	0.0	0.0
Guava	0.4	0.9	0.0	0.0
Pomegranates	1.2	1.7	0.0	0.0
Kiwi Fruit	1.4	2.0	0.0	0.0
Papayas	0.0	0.1	0.0	0.0
Dates and its productts	8.5	39.7	0.5	0.1
Pineapples	0.8	0.6	0.0	0.0
Others	5.5	11.4	0.1	0.2

Source: Statistics Centre - Abu Dhabi

Table 2.11: Per capita of food consumption, energy, proteins and fats from stimulants for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	7.1	44.6	1.4	2.1
Coffee	2.8	5.1	0.6	0.0
Cocoa Beans	2.6	37.7	0.4	2.1
Tea	1.6	1.8	0.4	0.0
Others	0.1	0.1	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 2.12: Per capita of food consumption, energy, proteins and fats from Spices for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	6.4	25.9	0.8	1.2
Pepper	0.2	1.5	0.1	0.0
Cinnamon	0.1	0.4	0.0	0.0
Cardamom	0.3	4.4	0.0	0.3
Others	5.8	19.7	0.7	0.9

Source: Statistics Centre - Abu Dhabi

Table 2.13: Per capita of food consumption, energy, proteins and fats from non-alcoholic beverages for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Non-Alcoholic Beverages	37.3	41.2	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 2.14: Per capita of food consumption, energy, proteins and fats from animal meats for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	91.5	464.5	33.3	35.3
Beef	10.6	69.4	4.1	5.4
Mutton and Goat Meats	29.3	211.0	10.8	18.3
Camels Meats	1.9	9.2	0.7	0.7
Chicken Meats	48.8	169.7	17.4	10.6
Others	0.9	5.1	0.3	0.4

Source: Statistics Centre - Abu Dhabi

Table 2.15: Per capita of food consumption, energy, proteins and fats from offals for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Offals	0.2	0.7	0.1	0.0

Source: Statistics Centre - Abu Dhabi

Table 2.16: Per capita of food consumption, energy, proteins and fats from animal fats for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	2.0	25.1	0.1	3.9
Butter	0.3	4.9	0.0	0.6
Animal Ghee	0.4	9.4	0.0	1.1
Cream	1.3	10.8	0.1	2.3
Others	0.0	0.0	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 2.17: Per capita of food consumption, energy, proteins and fats from milk for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Fresh Milk	23.4	49.9	2.3	3.3

Source: Statistics Centre - Abu Dhabi

Table 2.18: Per capita of food consumption, energy, proteins and fats from milk products for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	52.5	205.1	13.2	11.7
Yoghurt	18.6	33.2	1.8	1.7
Yogurt	0.6	3.3	0.1	0.3
Cheese	6.9	36.1	4.4	2.0
Dry Whole milk	15.3	69.1	3.3	3.6
Others	11.2	63.4	3.6	4.1

Source: Statistics Centre - Abu Dhabi

Table 2.19: Per capita of food consumption, energy, proteins and fats from eggs for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Table Eggs	7.6	31.6	2.2	2.1

Source: Statistics Centre - Abu Dhabi

Table 2.20: Per capita of food consumption, energy, proteins and fats of sea foods for citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	11.3	21.9	3.5	0.7
Fish	10.0	20.2	3.1	0.7
Crustaceans and Cephalopods	1.3	1.7	0.3	0.0

Source: Statistics Centre - Abu Dhabi

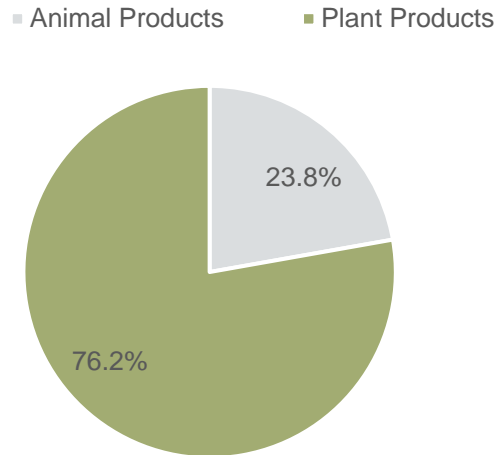
3. Food Balance Sheet (Non-Citizen Households)

Table 3.1: Per capita of food consumption, energy, proteins and fats for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Grand Total	518.3	3,232.8	80.9	80.7
Plant Products	394.7	2,631.2	47.8	46.9
Animal Products	123.6	601.6	33.1	33.8
Total	518.3	3,232.8	80.9	80.7
Cereals and Products	158.1	1,756.50	33.5	11.4
Starchy Roots	13.3	27.4	0.5	0.1
Sugar and Sweeteners	11.5	134.2	0	0
Pulses	12.1	118.9	7	0.7
Nuts	2.2	27.7	0.7	1.7
Oil Crops	1.1	6.6	0.1	0.5
Vegetable Oils	10.2	243.8	0	27.7
Vegetables	87.7	94	3.1	0.5
Fruits and Products	59.6	121.8	1.3	1.3
Stimulants	4.6	38.4	0.8	2
Spices	4.1	21.9	0.8	1
Non Alcoholic Beverages	30.2	40	0	0
Animal Meats	42.9	234.3	15.8	16
Offals	0.4	1.4	0.2	0
Animal Fats	1.2	20.8	0	2.3
Milk	28.7	61.4	2.8	4.1
Milk Products	33.8	228.7	9.2	8.4
Eggs	8.7	38.6	2.5	2.4
Sea Foods	7.9	16.4	2.6	0.6

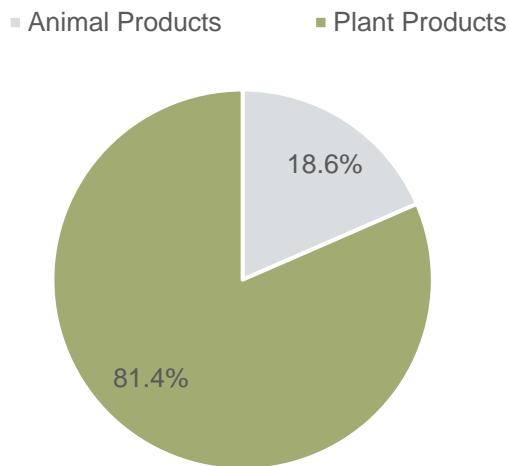
Source: Statistics Centre - Abu Dhabi

Figure 3.1: Percentage distribution of quantity of food available for consumption for non-citizen households, 2019.



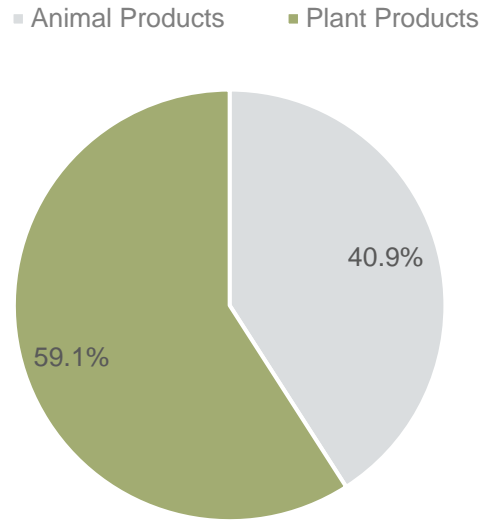
Source: Statistics Centre - Abu Dhabi

Figure 3.2: Percentage distribution of calories for non-citizen households, 2019.



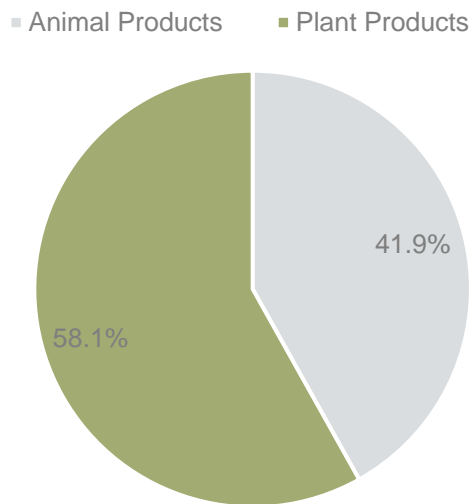
Source: Statistics Centre - Abu Dhabi

Figure 3.3: Percentage distribution of proteins for non-citizen households, 2019.



Source: Statistics Centre - Abu Dhabi

Figure 3.4: Percentage distribution of fats for non-citizen households, 2019.



Source: Statistics Centre - Abu Dhabi

Table 3.2: Per capita of food consumption, energy, proteins and fats from cereals and products for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	158.1	1,756.5	33.5	11.4
Wheat products	115.9	1,192.8	27.0	9.2
Rice	34.5	383.4	4.7	0.7
Maize products	0.4	4.3	0.1	0.0
Others	7.2	175.9	1.7	1.5

Source: Statistics Centre - Abu Dhabi

Table 3.3: Per capita of food consumption, energy, proteins and fats from starchy roots and products for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	13.3	27.4	0.5	0.1
Potatoes	10.2	21.0	0.3	0.1
Potato products	2.6	5.3	0.1	0.0
Sweet Potatoes	0.3	0.9	0.1	0.0
Others	0.1	0.3	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 3.4: Per capita of food consumption, energy, proteins and fats from sugar and sweeteners for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	11.5	134.2	0.0	0.0
Sugar	9.1	96.1	0.0	0.0
Sweeteners	2.0	34.6	0.0	0.0
Honey	0.4	3.4	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 3.5: Per capita of food consumption, energy, proteins and fats from Pulses for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	12.1	118.9	7.0	0.7
Beans	1.7	16.1	1.0	0.1
Chick Peas	4.2	40.7	2.4	0.4
Lentils	3.8	37.3	2.6	0.2
Broad Beans	0.1	1.2	0.1	0.0
Others	2.3	23.6	0.9	0.1

Source: Statistics Centre - Abu Dhabi

Table 3.6: Per capita of food consumption, energy, proteins and fats from nuts for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	2.2	27.7	0.7	1.7
Almonds	0.3	1.7	0.1	0.2
Pistachios	0.2	1.4	0.0	0.1
Chestnuts	0.0	0.1	0.0	0.0
Cashew Nuts	0.2	1.3	0.0	0.1
Groundnuts	0.2	3.7	0.2	0.3
Others	1.4	19.5	0.4	1.0

Source: Statistics Centre - Abu Dhabi

Table 3.7: Per capita of food consumption, energy, proteins and fats from oil crops and products for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	1.1	6.6	0.1	0.5
Sesame Seed	0.0	0.4	0.0	0.0
Olive, Preserved	0.8	2.3	0.0	0.2
Others	0.3	3.9	0.1	0.2

Source: Statistics Centre - Abu Dhabi

Table 3.8: Per capita of food consumption, energy, proteins and fats from vegetable oils and products for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	10.2	243.8	0.0	27.7
Sunflower Seed Oil	6.6	159.0	0.0	18.0
Sesame Seed Oil	0.1	2.0	0.0	0.2
Coconut Oil	0.3	7.5	0.0	0.9
Olive Oil	1.0	23.4	0.0	2.6
Maize Germ Oil	1.1	26.0	0.0	2.9
Canola Oil	0.3	8.1	0.0	0.9
Others	0.9	17.8	0.0	2.2

Source: Statistics Centre - Abu Dhabi

Table 3.9: Per capita of food consumption, energy, proteins and fats from vegetables and products for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	87.7	94.0	3.1	0.5
Tomatoes	18.5	9.1	0.5	0.1
Lettuce	1.5	0.6	0.0	0.0
Spinach	0.3	0.1	0.0	0.0
Cucumbers	11.2	5.2	0.2	0.0
Squash	3.0	2.5	0.0	0.0
Eggplants	2.2	1.7	0.1	0.0
Cauliflower	1.2	0.5	0.0	0.0
Pumpkins	1.5	0.8	0.0	0.0
Cabbages	1.3	0.6	0.0	0.0
Onion, green	3.5	1.6	0.1	0.0
Onion	14.4	16.5	0.6	0.1
Garlic	1.6	5.7	0.2	0.0
Carrots	3.8	3.7	0.1	0.0
Broad Beans, green	0.9	1.6	0.1	0.0
Watermelons	10.0	3.6	0.1	0.0
Sweet Melons	0.9	0.7	0.0	0.0
Okra	1.0	0.8	0.0	0.0
Others	11.2	38.7	0.9	0.2

Source: Statistics Centre - Abu Dhabi

Table 3.10: Per capita of food consumption, energy, proteins and fats for fruits and products for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	59.6	121.8	1.3	1.3
Oranges	10.7	8.5	0.2	0.1
Lemons	2.9	1.4	0.0	0.0
Grapefruit and Pummelors	0.2	0.1	0.0	0.0
Other Citrus Fruit	3.2	2.9	0.1	0.0
Bananas	15.1	24.8	0.4	0.2
Apples	11.3	15.2	0.1	0.1
Pears	0.7	1.0	0.0	0.0
Apricots	0.1	0.2	0.0	0.0
Grapes	2.4	4.3	0.0	0.0
Mangoes	2.2	2.7	0.0	0.0
Avocados	0.4	1.3	0.0	0.1
Cherries	0.1	0.2	0.0	0.0
Guava	0.5	1.1	0.0	0.0
Pomegranates	0.9	1.3	0.0	0.0
Kiwi Fruit	0.6	0.8	0.0	0.0
Papayas	0.1	0.2	0.0	0.0
Dates and its productts	3.4	26.9	0.2	0.1
Pineapples	0.4	0.3	0.0	0.0
Others	4.4	28.4	0.1	0.7

Source: Statistics Centre - Abu Dhabi

Table 3.11: Per capita of food consumption, energy, proteins and fats from stimulants for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	4.6	38.4	0.8	2.0
Coffee	1.1	2.6	0.2	0.0
Cocoa Beans	2.4	34.7	0.3	2.0
Tea	1.0	1.1	0.3	0.0
Others	0.1	0.1	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 3.12: Per capita of food consumption, energy, proteins and fats from Spices for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	4.1	21.9	0.8	1.0
Pepper	0.2	1.5	0.1	0.0
Cinnamon	0.0	0.2	0.0	0.0
Cardamom	0.1	1.1	0.0	0.1
Others	3.8	19.1	0.7	0.9

Source: Statistics Centre - Abu Dhabi

Table 3.13: Per capita of food consumption, energy, proteins and fats from non-alcoholic beverages for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Non-Alcoholic Beverages	30.2	40.0	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 3.14: Per capita of food consumption, energy, proteins and fats from animal meats for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	42.9	234.3	15.8	16.0
Beef	12.9	106.2	5.0	6.9
Mutton and Goat Meats	5.9	42.2	2.2	3.7
Camels Meats	0.1	0.5	0.0	0.0
Chicken Meats	23.5	81.9	8.4	5.1
Others	0.6	3.4	0.2	0.2

Source: Statistics Centre - Abu Dhabi

Table 3.15: Per capita of food consumption, energy, proteins and fats from offals for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Offals	0.4	1.4	0.2	0.0

Source: Statistics Centre - Abu Dhabi

Table 3.16: Per capita of food consumption, energy, proteins and fats from animal fats for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	1.2	20.8	0.0	2.3
Butter	0.2	3.9	0.0	0.4
Animal Ghee	0.2	5.9	0.0	0.7
Cream	0.7	11.0	0.0	1.2
Others	0.0	0.0	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 3.17: Per capita of food consumption, energy, proteins and fats from milk for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Fresh Milk	28.7	61.4	2.8	4.1

Source: Statistics Centre - Abu Dhabi

Table 3.18: Per capita of food consumption, energy, proteins and fats from milk products for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	33.8	228.7	9.2	8.4
Yoghurt	12.8	23.1	1.2	1.2
Yogurt	0.5	2.9	0.1	0.3
Cheese	4.3	36.3	3.3	1.8
Dry Whole milk	2.7	37.6	1.9	2.1
Others	13.4	128.8	2.7	3.1

Source: Statistics Centre - Abu Dhabi

Table 3.19: Per capita of food consumption, energy, proteins and fats from eggs for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Table Eggs	8.7	38.6	2.5	2.4

Source: Statistics Centre - Abu Dhabi

Table 3.20: Per capita of food consumption, energy, proteins and fats of sea foods for non-citizen households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	7.9	16.4	2.6	0.6
Fish	7.1	15.5	2.4	0.6
Crustaceans and Cephalopods	0.7	0.9	0.2	0.0

Source: Statistics Centre - Abu Dhabi

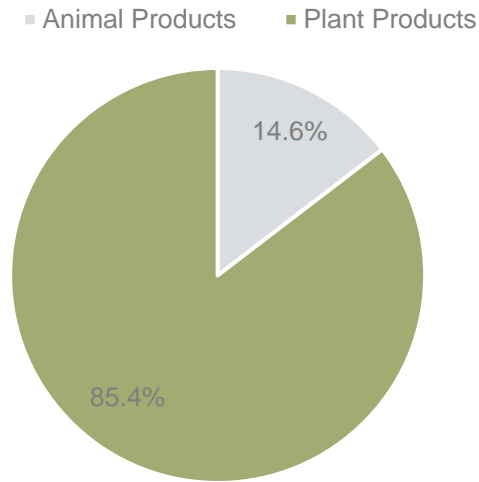
4. Food Balance Sheet (Collective Households)

Table 4.1: Per capita of food consumption, energy, proteins and fats for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Grand Total	551.1	3,206.6	96.7	66.8
Plant Products	470.5	2,836.4	72.9	44.9
Animal Products	80.6	370.2	23.8	21.9
Total	551.1	3,206.6	96.7	66.8
Cereals and Products	274.7	2,180.20	58.6	9
Starchy Roots	15	31	0.5	0.1
Sugar and Sweeteners	12.4	130.5	0	0
Pulses	13.7	103	8.4	0.7
Nuts	0.9	6.7	0.2	0.5
Oil Crops	0.2	1.2	0	0.1
Vegetable Oils	11.7	197.4	0	31.9
Vegetables	84.9	75.8	3.1	0.5
Fruits and Products	30.4	56.1	0.7	0.8
Stimulants	2.3	7.6	0.6	0.3
Spices	5.1	23.7	0.8	1
Non Alcoholic Beverages	19.2	23.2	0	0
Animal Meats	36.1	203.1	13.2	14.1
Offals	0.3	1.1	0.2	0
Animal Fats	0.3	4.5	0	0.5
Milk	10.7	22.9	1.1	1.5
Milk Products	14.8	89.3	3.4	3.2
Eggs	6.3	24.4	1.8	1.8
Sea Foods	12.1	24.9	4.1	0.8

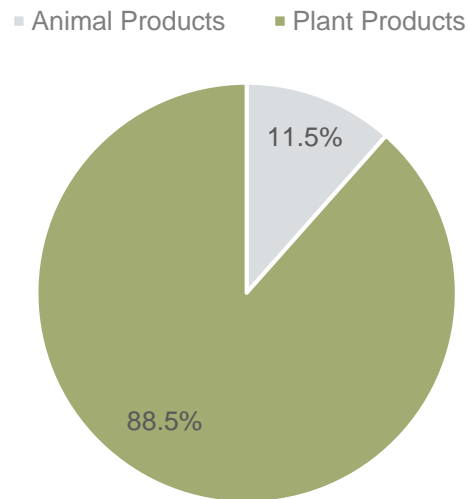
Source: Statistics Centre - Abu Dhabi

Figure 4.1: Percentage distribution of quantity of food available for consumption for collective households, 2019.



Source: Statistics Centre - Abu Dhabi

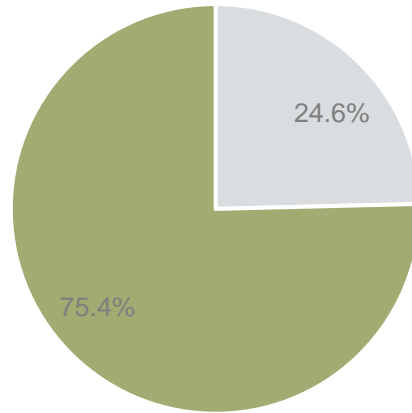
Figure 4.2: Percentage distribution of calories for collective households, 2019.



Source: Statistics Centre - Abu Dhabi

Figure 4.3: Percentage distribution of protein for collective households, 2019.

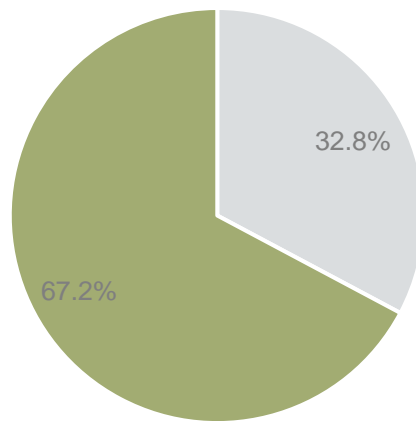
■ Animal Products ■ Plant Products



Source: Statistics Centre - Abu Dhabi

Figure 4.4: Percentage distribution of fats for collective households, 2019.

■ Animal Products ■ Plant Products



Source: Statistics Centre - Abu Dhabi

Table 4.2: Per capita of food consumption, energy, proteins and fats from cereals and products for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	274.7	2,180.2	58.6	9.0
Wheat products	185.4	1,291.8	43.1	6.8
Rice	86.6	860.7	14.9	1.7
Maize products	0.0	0.5	0.0	0.0
Others	2.6	27.2	0.6	0.6

Source: Statistics Centre - Abu Dhabi

Table 4.3: Per capita of food consumption, energy, proteins and fats from starchy roots and products for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	15.0	31.0	0.5	0.1
Potatoes	14.3	29.3	0.5	0.1
Potato products	0.3	0.7	0.0	0.0
Sweet Potatoes	0.2	0.5	0.0	0.0
Others	0.2	0.5	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 4.4: Per capita of food consumption, energy, proteins and fats from sugar and sweeteners for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	12.4	130.5	0.0	0.0
Sugar	12.0	126.9	0.0	0.0
Sweeteners	0.4	3.1	0.0	0.0
Honey	0.1	0.6	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 4.5: Per capita of food consumption, energy, proteins and fats from Pulses for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	13.7	103.0	8.4	0.7
Beans	2.1	16.7	1.3	0.1
Chick Peas	1.6	13.1	0.9	0.2
Lentils	7.2	61.7	4.9	0.3
Broad Beans	0.1	0.6	0.0	0.0
Others	2.7	10.9	1.2	0.1

Source: Statistics Centre - Abu Dhabi

Table 4.6: Per capita of food consumption, energy, proteins and fats from nuts for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	0.9	6.7	0.2	0.5
Almonds	0.1	0.5	0.0	0.0
Pistachios	0.1	0.4	0.0	0.0
Chestnuts	0.0	0.1	0.0	0.0
Cashew Nuts	0.1	0.5	0.0	0.0
Groundnuts	0.0	0.4	0.0	0.0
Others	0.6	4.9	0.2	0.4

Source: Statistics Centre - Abu Dhabi

Table 4.7: Per capita of food consumption, energy, proteins and fats from oil crops and products for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	0.2	1.2	0.0	0.1
Sesame Seed	0.0	0.1	0.0	0.0
Olive, Preserved	0.2	0.5	0.0	0.0
Others	0.1	0.7	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 4.8: Per capita of food consumption, energy, proteins and fats from vegetable oils and products for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	11.7	197.4	0.0	31.9
Sunflower Seed Oil	9.5	149.7	0.0	26.0
Sesame Seed Oil	0.0	0.2	0.0	0.0
Coconut Oil	0.1	2.8	0.0	0.3
Olive Oil	0.3	8.0	0.0	0.9
Maize Germ Oil	0.4	10.8	0.0	1.2
Canola Oil	0.1	2.3	0.0	0.3
Others	1.2	23.6	0.0	3.2

Source: Statistics Centre - Abu Dhabi

Table 4.9: Per capita of food consumption, energy, proteins and fats from vegetables and products for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	84.9	75.8	3.1	0.5
Tomatoes	22.6	11.2	0.6	0.1
Lettuce	0.5	0.2	0.0	0.0
Spinach	0.2	0.1	0.0	0.0
Cucumbers	7.4	3.4	0.1	0.0
Squash	3.1	2.6	0.1	0.0
Eggplants	1.6	1.3	0.1	0.0
Cauliflower	1.0	0.4	0.0	0.0
Pumpkins	1.8	0.9	0.0	0.0
Cabbages	0.7	0.3	0.0	0.0
Onion, green	3.4	1.6	0.1	0.0
Onion	23.5	27.0	0.9	0.1
Garlic	1.9	6.7	0.3	0.0
Carrots	1.9	1.9	0.0	0.0
Broad Beans, green	0.5	0.9	0.1	0.0
Watermelons	5.7	2.0	0.0	0.0
Sweet Melons	0.3	0.2	0.0	0.0
Okra	0.8	0.6	0.0	0.0
Others	8.2	14.5	0.6	0.1

Source: Statistics Centre - Abu Dhabi

Table 4.10: Per capita of food consumption, energy, proteins and fats for fruits and products for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	30.4	56.1	0.7	0.8
Oranges	7.3	5.8	0.1	0.0
Lemons	1.6	0.8	0.0	0.0
Grapefruit and Pummelors	0.0	0.0	0.0	0.0
Other Citrus Fruit	0.7	0.7	0.0	0.0
Bananas	9.4	15.5	0.3	0.1
Apples	5.8	7.8	0.0	0.0
Pears	0.2	0.4	0.0	0.0
Apricots	0.0	0.0	0.0	0.0
Grapes	0.8	1.4	0.0	0.0
Mangoes	0.9	1.1	0.0	0.0
Avocados	0.1	0.3	0.0	0.0
Cherries	0.0	0.0	0.0	0.0
Guava	0.1	0.1	0.0	0.0
Pomegranates	0.2	0.3	0.0	0.0
Kiwi Fruit	0.1	0.1	0.0	0.0
Papayas	0.0	0.3	0.0	0.0
Dates and its productts	1.4	11.3	0.1	0.0
Pineapples	0.1	0.0	0.0	0.0
Others	1.6	10.1	0.1	0.5

Source: Statistics Centre - Abu Dhabi

Table 4.11: Per capita of food consumption, energy, proteins and fats from stimulants for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	2.3	7.6	0.6	0.3
Coffee	0.2	0.6	0.0	0.0
Cocoa Beans	0.4	5.1	0.1	0.3
Tea	1.6	1.7	0.4	0.0
Others	0.2	0.2	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 4.12: Per capita of food consumption, energy, proteins and fats from Spices for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	5.1	23.7	0.8	1.0
Pepper	0.3	2.0	0.1	0.0
Cinnamon	0.0	0.2	0.0	0.0
Cardamom	0.1	1.8	0.0	0.1
Others	4.7	19.7	0.7	0.9

Source: Statistics Centre - Abu Dhabi

Table 4.13: Per capita of food consumption, energy, proteins and fats from non-alcoholic beverages for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Non-alcoholic beverages	19.2	23.2	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 4.14: Per capita of food consumption, energy, proteins and fats from animal meats for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	36.1	203.1	13.2	14.1
Beef	12.9	109.2	5.0	7.6
Mutton and Goat Meats	3.5	25.5	1.3	2.2
Camels Meats	0.0	0.0	0.0	0.0
Chicken Meats	19.5	67.8	6.9	4.2
Others	0.1	0.6	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 4.15: Per capita of food consumption, energy, proteins and fats from offals for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Offals	0.3	1.1	0.2	0.0

Source: Statistics Centre - Abu Dhabi

Table 4.16: Per capita of food consumption, energy, proteins and fats from animal fats for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	0.3	4.5	0.0	0.5
Butter	0.0	0.5	0.0	0.1
Animal Ghee	0.1	1.7	0.0	0.2
Cream	0.2	2.2	0.0	0.2
Others	0.0	0.0	0.0	0.0

Source: Statistics Centre - Abu Dhabi

Table 4.17: Per capita of food consumption, energy, proteins and fats from milk for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Fresh milk	10.7	22.9	1.1	1.5

Source: Statistics Centre - Abu Dhabi

Table 4.18: Per capita of food consumption, energy, proteins and fats from milk products for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	14.8	89.3	3.4	3.2
Yoghurt	5.4	9.8	0.5	0.5
Yogurt	0.1	0.5	0.0	0.0
Cheese	0.8	5.6	0.7	0.3
Dry Whole milk	0.8	11.1	0.6	0.6
Others	7.7	62.2	1.6	1.8

Source: Statistics Centre - Abu Dhabi

Table 4.19: Per capita of food consumption, energy, proteins and fats from eggs for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Table Eggs	6.3	24.4	1.8	1.8

Source: Statistics Centre - Abu Dhabi

Table 4.20: Per capita of food consumption, energy, proteins and fats of sea foods for collective households, 2019.

Products	Per Capita			
	Food kilogram/year	Energy calorie/day	Protein gram/day	Fats gram/day
Total	12.1	24.9	4.1	0.8
Fish	11.8	24.3	3.9	0.8
Crustaceans and Cephalopods	0.3	0.6	0.1	0.0

Source: Statistics Centre - Abu Dhabi

Food Balance Sheet Production Methodology

Statistics Centre Abu Dhabi ensures adherence to the latest statistical methods in collecting, processing and classifying data and in the compilation of indicators pertaining to the food Balance Sheet Statistics of Abu Dhabi and its estimates.

1. Overview

The Food Balance Sheet contains detailed data on the food pattern characterizing the Emirate of Abu Dhabi over a specified period, with food groups and products classified by source. The food balance sheet presents important statistical data, needed to provide some food-related indicators for the development of programs and plans conducive to food security in the Emirate of Abu Dhabi. This is achieved by studying the food patterns of both individuals and households by type (for citizen, non-citizen and share households).

2. Importance

Food balance statistics provide a comprehensive picture to the formulators of food policy and related agricultural policies on the present situation and pattern of food and the way it relates to food security.

3. Objectives

The production of the Food Balance Sheet aims to provide data on the amount of food available for consumption, per capita calories, proteins and fats at the level of household type, in order to provide a detailed picture to the planners of food policy and related agricultural policies on the current situation and food pattern in relation to food security.

4. Concepts and Terminology

A glossary of the terminology used by Statistics Centre - Abu Dhabi, available on the Centre's website, provides a list of the terms and concepts used in the production of food balance sheets, along with their internationally adopted definitions and sources. The glossary can be accessed through the link below:

<https://www.scad.gov.ae/ar/pages/ManualClassification.aspx>

A Dictionary of the Terminology Used in Statistics Centre – Abu Dhabi

Household: A household is a person or a group of people, who may or may not be related, who live in the same residence and share at least one or more of their living arrangements. If the members of the household are related there will be a head of the household, if they are not related there will be no head for the household.

Servants and the like are considered members within the household where they live in the same residence and obtain food and clothing. If servants are not residing with the household, the household expenditure table should include all the expenses paid on servants by the household, however

expenses paid by servants on themselves from their wages do not fall within the household expenditure.

Guests, who stay temporarily (less than a month), are not counted as members of the household, as well as visitors on visit visa or transit. Those who are temporarily away for medical treatment, study or tourism are not considered as members of the household provided that they are absent for more than one month (the research month).

Private Citizen Households: It refers to one or more of the UAE citizens, who live habitually in the Emirate of Abu Dhabi and have a head of family. They may be related to each other or not and they share residence and food.

The household is considered “National” in the following cases:

1. If the head of the family is UAE National.
2. If the housewife is not national but she has National children who live with her. She should not be married to a Non- National person at the time of the research.
3. If the wife and the children are Nationals, regardless of the nationality of the head of the household.

Private Non-Citizen Household: It refers to one person or more, who are not UAE National and share residence and food together. A household is considered **non-Citizen** if the head and the wife are non-national even if the wife has National sons from a previous marriage.

Collective Household: it refers to a group of people (more than two) regardless of the nationality, who has no head of household and is not related. A collective household shares residence but doesn't often share food and is composed of one gender; male and female.

There is a distinction between “Type of the household” and “Nationality of the household”. Type of the household indicates whether the household is Citizen or non- Citizen or Collective. Type of the household, especially the Citizen and the non- Citizen is determined according to the nationality of the head of the household.

Nationality of the household refers to the legal and political dependency of the head of the household of a particular country, such as UAE, Sudan, India ... etc...

5. Coverage

- Coverage and Scope
 1. the Emirate of Abu Dhabi
 2. Citizen households in the Emirate of Abu Dhabi
 3. Non-citizen households in the Emirate of Abu Dhabi
 4. Share households in the Emirate of Abu Dhabi
- The balance sheet data does not include individuals residing in labour camps

6. Frequency of release

Every five years (depending on the results of the Household Income and Expenditure Survey)

7. Classifications used

Food balance sheets statistics use the internationally adopted definitions and classifications, issued by the Food and Agriculture Organization in the “Food Balance Sheets - A handbook”

<http://www.fao.org/faostat/en/#data/FBS>

8. Main data sources

Administrative records of Statistics Centre - Abu Dhabi (results of the Household Income and Expenditure Survey).

9. Data collection method

The data needed to produce food balance sheets are collected by Statistics Centre - Abu Dhabi, using e-mail and shared folders.

10. Data Auditing Process

1. Checking the data by applying the matching rules between linked tables.
2. Ensure that all required table data are duly met and has the required coverage.
3. Make sure there are no errors or discrepancies in the data
4. Imputation of missing values and checking outliers (if any).
5. Compare data with statistics of previous cycles (time series data).
6. Compare the statistical figures produced with other relevant data (internal and external if available).
7. Eliminate any conflict in the statistics.

11. Outputs (indicators/statistics)

Statistical outputs are prepared using some mathematical equations or the aggregation method of the data received, reclassified and published, data processed, missing values is imputed, data consistency and logical coherence is ensured. The relative and absolute difference between the variable value received from the administrative records for the current period and the variable value in previous periods is measured, erroneous values are adjusted. Output tables are prepared and categorized by topic in the Food balance Sheets of the Emirate of Abu Dhabi.

Per Capita Consumption Rate: It refers to the estimates of the per capita consumption rate of the food available during the reference period in the form of energy (calories per day) and protein and fat (grams per day). The calorie is a unit for measuring the thermal energy people need; the body can

produce this energy by burning the food in order to do its work in a normal way. Humans need energy to conduct the essential functions of life. The primary source of energy is food; foods differ in the amount of energy they can produce and the quantity they contain from the three basic elements, the carbohydrates, proteins and fats.

The per capita consumption rate can be derived from the total quantity of food available for human consumption by dividing the available quantities of food item by the total population during the reference period.

The amount of food available for each person was derived from the Household Expenditure and Income Survey. The per capita consumption rate by type of food was multiplied by the population of the Emirate to produce the amount of food available for consumption for all individuals. Furthermore, the data of Citizen, non-Citizen and collective households was obtained using the same equation.

- The amount of food available for consumption in the Emirate = Per capita consumption x population of the Emirate.
- The amount of food available for consumption by household = Per capita consumption x population by household.

The daily calories, proteins and fats per capita were calculated in association with basic food components, which aims to generate and supply individuals with the energy necessary for daily functions. The calorie is the unit used to measure the thermal energy needed and produced by the body in order to perform its work as usual through breaking the links between the elements of the basic food components. Humans need energy to work and function their life, and the main source of energy is food which differ in the amount of energy it produce depends on what it contains from the three basic elements, namely: carbohydrates, proteins and fats.

In order to calculate the energy, proteins and fats from the food available for each individual, food components data should be available. This data can be obtained using the table of food composition. The FAO food composition tables adopted for the Middle East and some regions of the Arab World has been used due to the non-availability of the tables designed for the region. Some data has been updated to suite the data available in Gulf region.

These tables provide food composition for each 100 grams of the edible food as follows:

- Every 100 grams of carbohydrates produces 400 calories.
- Every 100 grams of fat produces 900 calories.
- Every 100 grams of protein produces 400 calories.

12. Dissemination Schedule

- Current release: December 2020 for 2019 data
- Next release: After the completion of the Household Income and Expenditure Survey)

13. Dissemination

The data is published in the form of statistical tables or reports uploaded on the website.

For more detailed statistics on the release of the Food Balance Sheets of Abu Dhabi, please visit the website of Statistics Centre - Abu Dhabi: <http://www.scad.ae>

Explanatory Notes:

Notes on Tables

1. Some figures have been rounded to the nearest final digit shown. Consequently, discrepancies may exist within a table between totals and sums of constituent items.
2. Expenditure on food data is processed aside from the household sector, in order to comply with the requirements for building a food balance sheet model by using some of statistical methods.

More Information

For more information about livestock statistics and agricultural statistics, please visit the statistics link on the SCAD website at <http://www.scad.ae>

The next release is expected when the Household Expenditure and Income Survey conducted.



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